

Kit List for the Pioneer Centre Residential:

Enough for 3 days and 2 nights (non activity):

- Wash kit and **towel**
- Night wear (warm & practical)
- Underwear and socks (3 days + 2 nights) as a minimum
- Comfy casual clothes to change into at night for dinner (There will be various activities in the evening so make sure clothes and shoes are practical.)
- Shoes (different to those worn in the day as they **will** get wet/muddy)
- Sun cream
- Water bottle

Activity clothing for 3 days: (old outdoor clothing – risk of getting muddy and wet)

- Trainers or boots which fit securely.
- Tracksuit bottoms / jogging bottoms (not jeans)
- T-shirts (over the shoulder, no straps as harness cannot directly touch skin)
- Tracksuit tops or a jumper.
- Shorts (not too short as harness needs to go round top of leg and cannot go directly on skin.)
- Light weight waterproof jacket
- Separate shoes for evening.

Numerous plastic bags / bin liners for the children to put any wet/muddy clothing in after the day time activities.

Other Optional Items:

- Torch
- Teddy
- Reading Book / Magazine

Items not allowed:

- Mobile Phones
- Anything electrical (expect a hair dryer).

Please make sure everything is NAMED with first and last name please.

