



a learning community

Bikeability – Years 4 and 5

Thursday 2nd March 2023

Dear Parents/Carers

We have been lucky enough to secure “Bikeability”, the national standard and cycling scheme, to run at Exeter in June 2023. This scheme has been introduced by the Department of Transport to provide training for all cyclists, to help them to cycle safely in today’s increasingly busy traffic conditions. We hope that you will encourage your child to take part.

This will be a four day course taking place on the week commencing the 19th June and run during school time. This will take place within Exeter School grounds. During the course your child will learn to:

- Prepare themselves and their bicycle for cycling.
- Gives participants on-road experience in residential traffic to help them prepare to make short journeys by bicycle.
- Teaches individuals the skills to ride effectively on more complex roads and in further challenging traffic situations
- Share space with pedestrians and other cyclists.

For your child to take part they must have:

- A road worthy bike - they will not be allowed to take part if their bike is deemed to be unsafe, please check with me if you are unsure or would like some advice.
- An approved well-fitting cycle helmet - damaged helmets, full face motorbike helmets or helmets used for other sporting activities are not acceptable.
- Suitable clothing.

This course is not suitable for non-riders

Please go to the MyChildAtSchool app, in the ‘Clubs’ section to request a place for your child. This will be an activity based on a first come first served basis and spaces are limited. If successful we will contact you again with further details.

Yours faithfully
Mr. McKay