



# Big Question:



Exeter

## What do humans need to grow?

### Key Vocabulary:

**Survive:** to continue to live.

**Life cycle:** the changes living things go through to become an adult.

**Offspring:** the child of an animal.

**Diet:** the food and water that an animal needs.

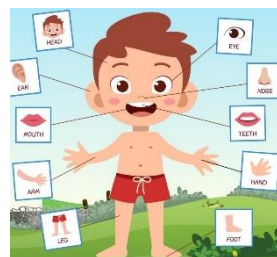
**Exercise:** a physical activity to keep your body fit.

**Hygiene:** how we keep ourselves and the world around us clean so that we can stay healthy and stop germs spreading.

### Knowledge from Y1 that will help me answer the big question:

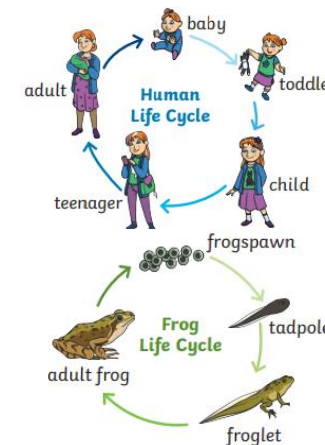
The body parts are the head, arms, legs, nose, eyes, ears, mouth, hands and feet.

We have five senses:



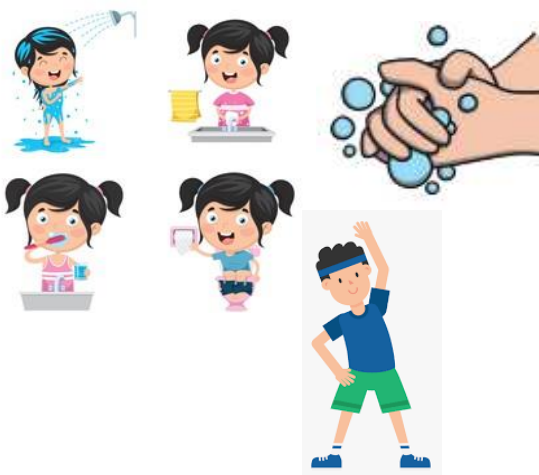
### New knowledge that will help me answer the big question:

- Humans need water, food, air and shelter to survive.
- Human offspring go through different stages as they grow to adults.
- Some offspring look like their adult when they are born.
- Some offspring do not look like their adult when they are born.
- All young animals change as they go through the different stages of their life cycle and grow into adults.

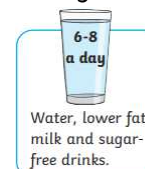
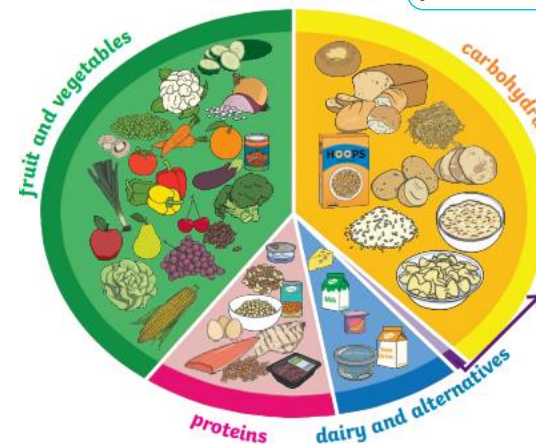


### New knowledge that will help me answer the big question:

- To grow into a healthy adult, we must eat the right types of food in the right amount and exercise.
- Being active and exercising keeps our bodies and minds healthy.
- To stop germs from spreading, it is important to be hygienic.



### Eatwell Guide



<b>As a scientist, the essential knowledge I need to answer the big question is:</b>	<b>Date</b>
Humans need water, food, air and shelter to survive.	
Animals need water, food, air and shelter to survive. Their habitat must provide all these things.	
Human offspring go through different stages as they grow to become adults. These include baby, toddler, child, teenager and adult.	
The results are information that has been found out from an investigation and can be used to answer a question.	
Animals have offspring that grow into adults.	
Different animals have different stages of growth or life cycles.	
A healthy lifestyle includes exercise, good hygiene and a balanced diet.	