



Monday 12th February 2024

Dear Parents/Carers,

## NSPCC's Speak out. Stay safe. programme

I am pleased to inform you that we are participating in the **NSPCC's** *Speak out. Stay safe.* programme this term. *Speak out. Stay safe.* is a programme for children aged 5-11 which aims to help children understand abuse in all its forms and to recognise the signs of abuse. Children are taught to speak out if they are worried, either to a safe adult or Childline.

This child friendly programme is aligned with the curriculum and consists of age-appropriate virtual assemblies and supporting classroom-based activities which we have reviewed, alongside NSPCC volunteer led face to face workshops for children aged 9-11. The content is delivered in an engaging and interactive way with the help of the NSPCC mascot Buddy. If you would like to know more about the *Speak out*. *Stay safe*. programme, visit <a href="www.nspcc.org.uk/speakout">www.nspcc.org.uk/speakout</a>.

Our Year 2, 5 and 6 pupils will be accessing this programme on Wednesday 14<sup>th</sup> February.

### Feedback survey for pupils aged 7-11

The NSPCC would like to gather feedback from pupils aged between 7-11 about the *Speak out*. *Stay safe*. programme to gauge their learning. **This will be voluntary and children can still take part in the programme if they don't take part in the survey.** 

• All survey questions are multiple choice and focussed on the programme.



- The survey is anonymous and confidential. However, if in the process of completing the survey, a teacher becomes concerned for a pupil's welfare (e.g., through something a pupil says) we will follow our school's safeguarding procedures.
- If you **do not** want your child to take part in the **<u>survey</u>**, sign the slip below and return it to your child's class teacher.
- If you have agreed that your child can take part in the survey, but your child changes their mind on the day, that is also okay.

## Additional NSPCC resources for families to help keep children safe

The NSPCC have shared some important information below on wider NSPCC resources and support to help keep children safe.

## **Parent/Carer support**

Take a look at information, support, advice and activities from NSPCC for parent and carers. <a href="https://www.nspcc.org.uk/parents">www.nspcc.org.uk/parents</a>

# **Activities to extend learning at home**

Take part in games and activities at home to help children learn about speaking out and staying safe. <a href="https://www.nspcc.org.uk/activities">www.nspcc.org.uk/activities</a>

## **Online Safety Hub**

For information on a range of different online safety topics including gaming, social media, sharing images, parental controls and more. <a href="https://www.nspcc.org.uk/onlinesafety">www.nspcc.org.uk/onlinesafety</a>

#### Childline – under 12's

Childline have an accessible website with advice, support, games and activities. Children can change the language, enlarge text and also listen to the content. <a href="https://www.childline.org.uk/buddy">www.childline.org.uk/buddy</a> (5-7) <a href="https://www.childline.org.uk/kids">www.childline.org.uk/kids</a> (7-11)

### Talk PANTS with your children

Talk PANTS is a simple conversation to help keep children safe from sexual abuse. From P through to S, each letter of PANTS provides simple but important messages. Download the free resources at <a href="https://www.nspcc.org.uk/pants">www.nspcc.org.uk/pants</a>.

I hope you find this information about the NSPCC and the *Speak out*. *Stay safe*. programme helpful. Please do contact me if you have any further questions.

| Yours sincerely,                           |   |     |
|--|---|-----|
| Miss Doherty                               |   |     |
| Head of School                             |   |     |
| Parent/carer SURVEY withdrawal form for    | children aged 7-11 only                     |     |
| I do not consent to (Name of pupil)        | participating in                            | the |
| completion of the NSPCC Pupil Survey follo | owing the delivery of the Speak out. Stay s | afe |
| Programme.                                 |   |     |
| Signed (Parent/Carer) :                    | Date:                                       |     |

