Monday 7th October 2024

Dear Parents and Guardians,

Subject: Hello Yellow Mufti Day - Supporting Mental Health Awareness

On Thursday, October 10th, we will be marking **World Mental Health Day** with a special event at our school. As part of our commitment to promoting positive mental health, we are participating in the **#HelloYellow** campaign. We will be participating in this event alongside all schools within the IFtL Trust.

What is Hello Yellow?

Hello Yellow is an initiative by **YoungMinds**, a leading mental health charity, to raise awareness and funds for young people's mental well-being. By wearing yellow, we show our support and let young people know that they are not alone in their struggles.

Mufti Day Details:

- **Date**: Thursday, October 10th
- **Theme**: **Wear yellow**
- **Purpose**: To raise awareness about mental health and show solidarity with young people facing mental health challenges.

Additional Resources:

- Visit the **YoungMinds Hello Yellow page** for more information, posters, and activities.

Thank you for your support in fostering a positive and compassionate environment for our students. Together, we can make a difference in young people's lives.

Warm regards,

Miss Doherty Mrs Crawford

Head of School Head of School